

Wise and

Wonderful



Good news and information for our friends and families

Showing Gratitude This Valentine's Day

Perhaps more than any other popular holiday, the actual origins of St. Valentine's Day seem to be lost to history. There are several different options for both the Saints as well as the story, but today it is really an opportunity for those in love to express their feelings for each other.



While it is often seen as more of a special day for adults, there is absolutely nothing wrong with getting your children, even young children, in the Valentine's Day mood and sharing their love and appreciation for the people in their lives.

Homemade Valentine's Day Cards

Teaching children about love and gratitude is not a one day program, but this is a great day to get creative about showing how important people are in your child's life.

You can start by providing your kids with construction paper, sparkles, scissors, glue and crayons and letting them create their own Valentine's Day cards. You can even buy an assortment of pre-cut hearts, cupids, arrows and flowers that they glue onto their card designs.

Mom and Dad, or the children, can then print a special personal message of gratitude and appreciation in the card. Parents can talk to children about why they are appreciative of the individual that that card is designed for to help develop the concept.

Writing Thank-You Notes

You may also want to have your children write or draw thank-you notes to people that they appreciate in their life. These notes can be written or drawn on red, white or pink paper and they can be decorated around the edges with anything that the child wants to add.

These are a great gift to teachers, neighbors and professionals that the child interacts with or those adults and older children that spend time with your child.

If your kids enjoy helping you in the kitchen you can also prepare some sugar cookies, cut in the shape of hearts, and covered with Valentine's Day sprinkles. These can be taken to anyone that the child wants to show their appreciation to for their kindness or just to say, "Happy Valentine's Day".

FEBRUARY 2015

Hello! We are pleased to send you this monthly issue of *Wise and Wonderful*. It is our way of saying that you are important to us and we truly value your business. Please feel free to pass this newsletter on to friends and neighbors. Enjoy!

Monthly Joke



The Big Swindle

One evening back when newsboys were a common sight on the streets of every city, one enterprising young lad dropped his stack of papers on the corner and started yelling:

"Fifty businessmen swindled!
Read all about it! Fifty
businessmen swindled!"

A businessman promptly handed the boy a nickel and scanned the front page.

Perplexed, he quickly skimmed the rest of the paper.

"Hey," he demanded, "there's nothing in here about a big swindle!"

"Read all about it!" the newsboy cried. "Fifty-one businessmen swindled!"

Monthly Quote

"At the height of laughter, the universe is flung into a kaleidoscope of new possibilities."

— Jean Houston



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GOOD NEWS AND INFORMATION FOR OUR FRIENDS AND FAMILIES

FEBRUARY 2015

What's In a Name? A Lot To Like, According To This Poll

Your name is a big part of who you are, and how other people see you. Just ask the title character of the famous Johnny Cash song, “A Boy Named Sue.” So do you like your first name?

A poll conducted on behalf of the advertising firm BOHAN found that 87 percent of Americans do like their first names, and a third of participants actually love theirs. Uniqueness is a plus to some: Twenty-three percent say they like their first name because it’s unusual.

Men are a little more likely to like their names than women—90 percent versus 84 percent. Only about 13 percent in the survey don’t appreciate their first names, and 3 percent actively hate them. The most common reason: names that are difficult to spell or pronounce.

From the desk of

Ms. Jennifer, Director, President of CAEYC

Hello all!

Wow, February!!! Springs will be here before we know it! I am excited about talking to the children about friendships, Valentines and loving each other!

I noticed in the “What’s in a name?” poll Johnny Cash’s song A boy names Sue was mentioned. Did you know Shel Silverstein wrote that song as well as many children’s books?

See you around the building and thank you again for joining our beautiful family!

Refer a Friend- Earn Tuition

This is a \$150.00 value! Ask us for details- super easy!

Throwing Sleepovers

If you have children, sooner or later they are likely to want to have a sleepover with a few of their friends. Sleepovers help kids and young teens to create lifelong bonds and memories. The first thing to know is when your child is actually ready to have a sleepover, then you will need to work out how to plan a successful event.



Parental planning is essential to making slumber parties and sleepovers work as they should. Ten is generally the age where children are thought to be old enough to have friends over or to be away from home, although this can vary depending on the individual.

Strong rules should generally be avoided, so long as the children behave and are nice to each other, as the whole point of a sleepover is for them to have fun together. It is a good idea to keep them within earshot however, as some supervision is still recommended while still ensuring that they have enough of their own space.

Host parents might want to have some activities planned to avoid boredom, such as a movie screening or pizza.